



# Happiness Tracker

by TheBadgeArchive.com

SELF CARE

Copy and cut a tracking strip for each scout to take home and track their happiness.

Spend two weeks tracking your happiness.

1 - Unhappy, 2 - Neutral, 3 - Content, 4 - Happy, 5 - Excited

WEEK	MON	TUES	WED	THUR	FRI	SAT	SUN
Week 1							
Week 2							

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