

Junior aMUSE
Take Action Project Sample Sessions: Women—Wise, Wacky and Wonderful

Girl Scouts need positive female role models from all walks of life. There are women with different backgrounds, different careers, different life-choices, different hobbies and different successes in every community. Girls should meet and learn about these different women and celebrate their unique contributions to the community. Girls will explore career choices of women in the community and educate others about their findings.

Session 1

Career Interests Collage—*identify career interests*

Career Questions—*create interview questions*

Session 2

Interview Etiquette—*learn proper interviewing etiquette*

Role Playing—*practice interviewing*

Session 3

Interview Continuum—*share interview experience*

Interview Results and Display Development—*create a display*

Session 4

Installation—*install display*

Session 5

Thought Continuum—*share project experience*

Resources

Minnesota Women's Business Association

Session 1: Career Interest Collages

Objective: Encourage girls to identify their career interests.

Time Allotment: 25 minutes Materials Needed:

- Magazines, old calendars, photos
- Stiff paper or cardboard
- Scissors
- Glue

Creative Activity:

1. Ask girls to consider some of their career interests.
2. Pass out stiff paper or cardboard and magazines, old calendars, photos, etc.
3. Ask girls to create a collage of their career interests. Ask girls to fill up the entire piece of paper with pictures either cut from magazines or hand drawn.
4. Ask girls to share their career interest collages and talk about why they would like to have those careers.

Session 1: Career Questions

Objective: Create questions to ask a person who is in an interesting career. Time Allotment: 10 minutes

Discussion:

Some questions may include:

- Why did you choose this career?
- What do you do on an average day?
- What do you like about your career?
- What would you change about your career?
- Did anyone inspire you to choose this career? If so, who?

Session 2: Interview Etiquette

Objective: Create a list of proper interviewing etiquette.

Time Allotment: 10 minutes Materials Needed:

- Method of recording results visually—chalkboard or large sheets of paper

Discussion:

Brainstorm with girls proper interview etiquette. Some questions to consider are:

- Should you make eye contact?
- Should you talk a lot or listen carefully?
- Should you come prepared with your questions or just show up?
- How do you ask a follow-up question?

Session 2: Role-Playing

Objective: Practice interviewing etiquette.

Time Allotment: 30 minutes Materials Needed:

- Index cards
- Interview Etiquette from brainstorming session

Prep Needed:

- Write the professions girls were interested in on index cards—one profession per card.

Group Work:

1. Divide girls into pairs.
2. Give each girl a Profession Card.
3. Ask girls to take turns asking questions and pretend answering them.
4. The focus should be placed on the interviewer, not the interviewee during this exercise.
5. Ask the girls to interview a professional in their field of career interest before the next session.

Session Three: Interview Continuum

Objective: Share the experience of interviewing.

Time Allotment: 10 minutes Prep Needed:

- Review the directions for the exercise. Create other statements if desired.

Game:

1. Designate an imaginary straight line from one side of the room to the other. One end represents "strongly agree," the other represents "strongly disagree" and the midpoint represents "somewhat agree."
2. Ask the following questions and have girls respond by standing on the line where their answer lies.
 - The person I interviewed gave me a lot of information.
 - I am interested in pursuing the career I learned about.
 - I was nervous when I was interviewing.
 - I had fun while I was interviewing.
 - I learned something new from the interview.
 - I think interviewing is a good way to get information.

Session 3: Interview Results and Display Development

Objective: Girls share the results of the interviews and decide how they can teach others about what they have learned.

Time Allotment: 20 minutes

- Materials Needed:
Poster board
- Craft Items

Discussion:

1. Ask girls to share what they learned from their interviews.
2. Ask girls if they would like to share the information with others. With whom would they like to share?
3. Ask girls how they would like to share the information.
4. One method that is ongoing and requires little maintenance is a public display. Girls can decide where they would like to put up their display—at a library, school, community center, church, city hall, local supermarket or anywhere people will be able to spend some time looking at the display.
5. Decide on method of sharing information and proceed.

Session 4: Installation

Objective: Visit a site and install display.

Time Allotment: 45 minutes Prep Needed:

- Arrange for a site visit.

Site Visit:

Invite the people that were interviewed to attend an unveiling of the display. At the very least, send them information on where the display is set up and how long it will be there. It may be helpful to have a Journal or Log Book present at the display so those who view it can write responses to it.

Session 5: Thought Continuum

Objective: Share thoughts about the results of the project.

Time Allotment: 10 minutes Prep Needed:

- Review the directions for the exercise. Create other statements if desired.

Game:

1. Designate an imaginary straight line from one side of the room to the other. One end represents "strongly agree," the other represents "strongly disagree" and the midpoint represents "somewhat agree."
2. Ask the following questions and have girls respond by standing on the line where their answer lies. Girls may want to create their own statements beforehand.
 - I know more about women in the community than I did before this project.
 - I know more about careers than I did before this project.
 - I think a lot of people will view our display.
 - I think women have many career choices.
 - I was surprised by who I met while doing this project.
 - I think making money is the most important thing when choosing a career.
 - I think liking people you work with is the most important thing when choosing a career.
 - I think liking what you do is the most important thing when choosing a career.