

## **Brownie Trail Adventure Badge**

Pillar: Outdoors

Outcomes: Seeks challenges and learns from setbacks

## Brownies will earn their badge by:

- 1. Choose your outdoor adventure
  - a. Kansas State Parks (be aware of temporary park closures) <a href="https://ksoutdoors.com/State-Parks/Locations">https://ksoutdoors.com/State-Parks/Locations</a>
  - b. Missouri State Parks (be aware of temporary park closures) https://mostateparks.com/find-a-park
  - c. <a href="https://www.alltrails.com/us/missouri/kansas-city">https://www.alltrails.com/us/missouri/kansas-city</a>
  - d. Or even around your own neighborhood!
  - e. For Virtual Tours of National Parks look here! <a href="http://bit.ly/2Wu7KiA">http://bit.ly/2Wu7KiA</a>
- 2. Plan and prepare
  - a. Map out your route.

i.https://www.komoot.com/plan/@39.0169000,-94.3137000,9z

- b. Make a list of what you need for a day hike
- c. Don't forget to check the weather!
- d. Parents: depending on the level of hike, REI has great article resources to help you prepare for the adventure
- 3. Gather your gear
  - a. Pack everything you need from your list in your day packI.Be sure to avoid overpacking and that you can carry your own pack
- 4. Train for your adventure
  - a. Here is a great video resource to help you train.

I.https://www.youtube.com/watch?v=lrESF9eecxk

5. Go on your outdoor adventure

**When you're finished:** Congratulations, you have earned your badge! You can purchase by emailing <a href="mailto:shopdept@gsksmo.org">shopdept@gsksmo.org</a> or at <a href="https://www.girlscoutshop.com/brownie-trail-adventure-badge">https://www.girlscoutshop.com/brownie-trail-adventure-badge</a>

No shipping charges apply at this time.

