

# BROWNIE PAINTING BADGE – MEETING 2

**Badge Purpose:** When girls have earned this badge, they’ll have new ideas about what and how to paint.

**Activity Plan Length:** 1.5 hours

Time	Activity	Materials Needed
15 minutes	<b>Getting Started</b> <ul style="list-style-type: none"> <li>Girls recite the Girl Scout Promise + Law and sing the Brownie Smile song.</li> </ul>	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Brownie Smile song lyrics poster
15 minutes	<b>Music and Emotions</b> <ul style="list-style-type: none"> <li>Girls will paint pictures based on emotions.</li> </ul>	<input type="checkbox"/> Washable paint <input type="checkbox"/> Bowls and/or cups to hold paint <input type="checkbox"/> Paper (at least 3 sheets per girl) <input type="checkbox"/> Paintbrushes <input type="checkbox"/> Paper towels <input type="checkbox"/> Music playing device <input type="checkbox"/> Music to depict various moods
25 minutes	<b>Cave Woman Mural</b> <ul style="list-style-type: none"> <li>Girls will create their own mural.</li> </ul>	<input type="checkbox"/> Paper grocery bags (1 per girl) <input type="checkbox"/> Scissors <input type="checkbox"/> Washable paint <input type="checkbox"/> Bowls and/or cups to hold paint <input type="checkbox"/> Paper towels
20 minutes	<b>Still Life and Snack Chat</b> <ul style="list-style-type: none"> <li>Girls will enjoy a healthy snack and paint still life.</li> </ul>	<input type="checkbox"/> Assorted fruit (for still life painting and for snack) <input type="checkbox"/> Paper plates <input type="checkbox"/> Napkins <input type="checkbox"/> Washable paints <input type="checkbox"/> Bowls and/or cups for paint <input type="checkbox"/> Paintbrushes <input type="checkbox"/> Paper <input type="checkbox"/> Paper towels
15 minutes	<b>Wrapping Up</b>	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

## Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster and (optional) Brownie Smile song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Brownie Smile song.



## Activity #1: Music and Emotions

Time: 15 minutes

Badge Connection: Step 3 — Paint a Mood

Materials Needed: Washable paint; paper bowls and/or cups to hold the paint; paintbrushes; paper; paper towels; radio or some other music device capable of playing different music

1. Have girls think about their current mood and write it on their paper. Are they happy, sad, excited, or another emotion?
2. Now ask girls to think of that feeling and choose a color to represent it. Girls should paint with that color on their paper and use that feeling as inspiration for the design of their paintings. For example, if a girl is feeling angry, she might choose red or black and paint in heavy strokes. Give girls about five minutes to work on this, then switch to a new piece of paper.
3. Now tell girls that they are going to listen to a song. Each girl should choose a color or colors that she associates with the song. She should also use the song as inspiration for the design of her painting. For example, a classical song might inspire a painting with flowing brush strokes in pastel tones, while a rock 'n' roll song might inspire one with quick, staggered brush strokes in bright colors.

**Note:** There is not right or wrong way for girls to do this activity. It is simply a way to encourage creative thought and expression.

## Activity #2: Cavewoman Mural

Time: 25 minutes

Badge Connection: Step 5 — Paint a mural and Step 4 — Paint without brushes

Materials Needed: Paper grocery bags (one per girl); scissors; washable paint; bowls or cups to hold the paint; paper towels; (optional) books about cave paintings

Prep Needed:

- (Optional) Have the area dimly lit so girls can feel what it would be like to paint in a dark cave with only a small flame/light source.
- (Optional) Check your local library for books about cave paintings.

1. Ask girls to think of what life was like for cavemen and cavewomen a long time ago. Where did they live? How did they communicate? What sorts of things might they have had? How did they get heat? How did they “power” things?
2. When cavemen and cavewomen wanted to express themselves in creative ways, they had to use the materials and methods available to them at the time. Oftentimes, they would paint pictures on cave walls with “paint” made from vegetation and animals.
3. Show girls pictures of cave drawings, either from the books you’ve checked out from the library, or the paintings at the end of the activity plan.
4. Discuss with girls what they see in the drawings. It seems that cave people usually painted things they saw, like animals and people, and things they did, like hunting.
5. Ask girls to think about what they see or do on a regular basis and how they might paint it in a simple way, like a cavewomen might have done.
6. Have girls use their ideas to design their own cave drawings.
  - First, have each girl crumple a paper grocery bag into a ball.
  - Girls will then pull the bags apart and cut them open so they lay flat. To do so, they should make one cut along the length of the bag and then cut out the bottom rectangle.
  - Now it’s time to paint. Direct girls to use only their fingers to paint their own “cave drawings” of things they see or do on a regular basis.

BOOK SUGGESTIONS:

- *Painters of the Caves* by Patricia Lauber
- *Cave Art* by Jean Clottes



## Activity #3: Still Life and Snack Chat

Time: 20 minutes

Badge Connection: Step 2 — Paint the real world

Materials Needed: Assorted fruit for still life painting and snack (at least one fruit per girl); paper plates; napkins; washable paints; bowls for paint; paintbrushes; paper; paper towels; (optional) small lamp to provide light and dimension to the fruit still life

1. Have girls help you arrange various fruits on a small table (or other similar item) in the center of the room. If you brought a small lamp, direct the light onto the fruit, creating some shadows.
2. Ask if any girls know what a still life is. A still life is a work of art depicting mostly inanimate subject matter, typically commonplace objects which may be either natural (food, flowers, plants, rocks or shells) or man-made (drinking glasses, books, vases, jewelry, coins, pipes, etc.).
3. Tell the girls that they are going to practice painting the still life they have just created. To create their paintings, they should paint things exactly as they see them on the table. The shapes, colors, sizes and arrangement should all be realistic and aim to accurately portray what's in front of them.
4. If time allows, have girls share their paintings with the large group once they are complete.
5. Enjoy a snack of the fruit used in the still life (wash it first).

**Note:** Girls' painting abilities will vary. The goal of this exercise is not to end up with the perfect still life, but to get girls thinking about how they see things and how they can try to depict reality through art.

## Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

## More to Explore

- Field Trip Ideas:
  - Visit a local art museum.
  - Set up a tour of a local art school.
- Speaker Ideas:
  - Invite a local painter or artist to your meeting.
  - Invite a member of a high school art club to talk about their painting experience.



# Cave Paintings





# Still Life Paintings

