### My Great Day



## **Badge Overview**

Try out ways to get organized and learn how to help your family and friends stay organized too. When you've completed this badge, you'll be able to organize yourself to have a great day every day.

# **Badge Components**

### 1. Start your day right

Do you have a morning routine? A regular morning routine can be helpful for establishing healthy habits!

- O Think of 5 things that you do in the morning to get ready for the day and write them down. Then, try sticking to your routine every day for two weeks. How did you do?
- O Bonus—Try doing meditation during your morning routine! Use this <u>video</u> to learn how.

### 2. Sort out your stuff

Pick a spot in your house that is messy or hasn't been reorganized in a while. This could be a place like your room, craft area, or your closet.

O Take some time to go through the items in this space and with an adult's help, see if there are any items that can be thrown away or donated.

#### 3. Make homework a breeze

If you are experiencing remote learning right now, it can be hard to get adjusted to a new way to do school.

- O Using a planner or this <u>worksheet</u> each week, write out your homework assignments for the week ahead.
- O Talk to people in your family who have homework experience and write tips that they have for you at the bottom of the page.

### 4. Plan Ahead

Let's get crafty!

- Using this <u>website</u>, print off calendars for the rest of the year and then make a book out of them. Use a three-hole punch to make holes on the left side of your paper and then tie the papers together using some yarn. You can use construction paper to make book covers and markers to decorate the pages.
- O Now that you have a calendar, make sure to write down birthdays, special events, important dates, holidays, and anything else that your family needs to keep track of. Find a place (like your fridge) to display your creation!

### 5. Help others get organized

Now that you've organized a space of your own, ask an adult if you can help organize a space in your house. It could be your kitchen, food pantry, bathroom, or a bedroom!

O How did helping organize this space feel?

### **Materials**

- Something to write with
- Something to write on
- Access to internet
- Printer
- Paper
- · 3 Hole Punch
- Yarn
- Construction Paper
- Homework Essentials Checklist Worksheet

# Florida Educational Standards

The content of all Girl Scout national proficiency Badges and Journeys have been correlated by grade level to national and state learning objectives.

**Click here** for more information on how Girl Scout Badge-work supports Florida's educational standards.



We love to see Girl Scouts in action. Snap a photo and send it to marcomm@gssef.org.

Include her name, troop# and the name of the badge she's working on and we'll feature her.

Finished with your badge? Now buy it for your Girl Scout Uniform. Order online at **https://www.** 

girlscoutshop.com/ SOUTHEAST-FLORIDA-COUNCIL and we'll ship it for free.

Questions? Contact customercare@gssef.org