

BROWNIE GIRL SCOUT WAY ACTIVITY PLAN – MEETING 1

Badge Purpose: When girls have earned this badge, they will know how to practice and share the Girl Scout way.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law and sing the Brownie Smile song. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Brownie Smile song lyrics poster
15 minutes	Clean up! <ul style="list-style-type: none"> Girls leave a place better than they found it. 	<input type="checkbox"/> Large piece of paper <input type="checkbox"/> Writing utensils
30 minutes	Make a Sit-Up <ul style="list-style-type: none"> Girls create their own sit-up. 	<input type="checkbox"/> Waterproof material <input type="checkbox"/> Yarn <input type="checkbox"/> Tape <input type="checkbox"/> Foam padding or newspaper <input type="checkbox"/> Hole punch <input type="checkbox"/> Permanent markers
15 minutes	Snack Chat <ul style="list-style-type: none"> Girls enjoy a healthy snack, while discussing favorite Girl Scout traditions. 	<input type="checkbox"/> Healthy snack
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster and (optional) Brownie Smile song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

Activity #1: Clean up!

Time: 15 minutes

Badge Connection: Step 4 – Leave a place better than you found it

Materials Needed: Large piece of paper; writing utensils

Prep Needed:

- (Optional) Write the words to the “Brownie Tidying-Up Song” on a large piece of paper.



1. Explain to the girls the importance of leaving a place better than you found it. That could mean picking up trash, putting away supplies, or placing tables and chairs in the correct spot.
2. As a group, brainstorm different ways they can keep their meeting space clean. Write their ideas down a large piece of paper.
3. For many years, Girl Scouts all around the world have cleaned up their meeting spaces each time they gather together. Teach the girls this song to sing at clean-up time. Explain that they will sing this at the end of the meeting while cleaning up.

Brownie Tidying-Up Song
(to the tune of “London Bridge”)

Weave the magic in and out,
In and out, in and out.
Weave the magic in and out,
For we are Brownies.

We have tidied everything,
Everything, everything.
We have tidied everything,
For we are Brownies.

Activity #2: Make a Sit-Upon!

Time: 30 minutes

Badge Connection: Step 5 – Enjoy Girl Scout traditions

Materials Needed: Squares of waterproof material; yarn, tape; foam padding, or newspaper; hole punch; permanent markers

Prep Needed:

- Pre-cut the waterproof material in 15” x 30” pieces (1 per girl).
- Pre-cut foam padding or newspaper to 13” x 13” (1 per girl).
- (Optional) Hole punch the material.

1. Explain to the girls that a sit-upon is a piece of material that girls (and adults!) use at events to sit on; it’s a Girl Scout tradition. Over the years, many Girl Scouts have made sit-upons to use when the ground is damp or dirty. Today, they get to make their very own sit-upon!
2. Give each girl a piece of material and have her fold each section in half, so they have a 15” x 15” sit-upon.
3. Stuff folded newspaper inside, or use squares of foam padding that you have pre-cut to 13” x 13” sections.
4. Use a hole punch to punch holes all the way around the folded square, about 1” apart and ½” from the edge. This can be done prior to the meeting or, depending on the age and abilities of the girls, you can have them punch the holes.
5. Use yarn or string to sew all around. Girls can use an overlay stitch or a straight stitch if they prefer. You may need to put a piece of tape on the end of your sting to make it easier to insert through the holes.
6. Have each girl write her name on her sit-upon using a permanent marker.

NOTE: Choose a durable waterproof material. This way, the girls can use their sit-upons indoors or outdoors. This could be oil cloth or plastic. Vinyl tablecloths work really well!



Activity #3: Snack Chat

Time: 15 minutes

Badge Connection: Questions link to multiple badge steps

Materials Needed: Healthy snack

1. While enjoying a healthy snack, here are a few questions to ask the girls:
 - What are some of your favorite Girl Scout traditions?
 - What are some of your favorite Girl Scout songs?
 - How do you keep your bedroom tidy?
 - Is it easier to tidy up at Girl Scouts or at home? Why?
2. After enjoying snack, clean up your Girl Scout meeting space. Help the girls by singing the Brownie Tidying Up song they learned in Activity #1.

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Take a trip to the library and learn more about Girl Scout traditions.
 - Visit the North Star Museum of Boy Scouting and Girl Scouting.
- Speaker Ideas:
 - Invite a Girl Scout alumna to come and talk about what Girl Scouts was like when they were a girl.
 - Invite an older Girl Scout troop to teach girls Girl Scout songs and traditions.

