

DAISY PROMISE CENTER

Badge Purpose: When girls participate in their first Daisy meeting of the year, they'll learn Girl Scout traditions, commit to the Girl Scout promise in an Investiture ceremony and build Girl Scout Sisterhood.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
Pre-meeting	Name Tag Decorating <ul style="list-style-type: none"> Girls decorate name tags prior to the meeting. 	<input type="checkbox"/> Name tag cards <input type="checkbox"/> Yarn <input type="checkbox"/> Hole puncher <input type="checkbox"/> Coloring utensils <input type="checkbox"/> (Optional) Decorating supplies
5 minutes	Getting Started <ul style="list-style-type: none"> Girls are welcomed in the meeting and talk about troop guidelines. 	<input type="checkbox"/> (Optional) Any handouts or communications to parents
15 minutes	Daisy Name Game <ul style="list-style-type: none"> Girls learn each other's names. 	None
15 minutes	Girl Scout Traditions + Daisy Flower Friends <ul style="list-style-type: none"> Girls are introduced to a few Girl Scout traditions and the Daisy Flower Friends. 	<input type="checkbox"/> Girl Scout Promise Center poster <input type="checkbox"/> Daisy Girl's Guide to Girl Scouting
15 minutes	Daisy Investiture <ul style="list-style-type: none"> Girls joining Girl Scouts for the first time are presented with a Girl Scout Daisy pin. 	<input type="checkbox"/> Girl Scout Daisy pins (one for each new girl) <input type="checkbox"/> Daisy Girl's Guide to Girl Scouting <input type="checkbox"/> (Optional) Flags, flag stands, and flag ceremony instructions
15 minutes	Juliette Gordon Low Action Story <ul style="list-style-type: none"> Girls learn more about Girl Scout founder, Juliette Gordon Low, through an action story. 	<input type="checkbox"/> Juliette Gordon Low action story
20 minutes	Daisy Delight Pictures <ul style="list-style-type: none"> Girls brainstorm ideas and activities for their Daisy Girl Scouting year. 	<input type="checkbox"/> Paper or construction paper <input type="checkbox"/> Coloring utensils <input type="checkbox"/> Decorating supplies
10 minutes	Snack Chat	<input type="checkbox"/> Healthy Snack
10 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster

Pre-Meeting Activity: Name Tag Decorating

Time: 15 minutes

Materials Needed: Name tag cards; yarn; hole puncher; coloring utensils; (optional) decorating supplies

Prep Needed:

- Write each girl's name on a name tag card.
- Hole punch the cards, cut yarn, and string necklaces for each name tag card.
- Gather materials and supplies and set them up at a designated table for girls.



1. As the girls arrive, greet each girl, and give her a name tag necklace.
2. Direct each girl to the table where she can decorate her own nametag using the supplies provided.
3. When it is time to start the meeting, raise your hand in the “Quiet Sign.” Explain that when your hand goes up, everyone should raise their hands and be quiet. Let the girls know the Quiet Sign will be used at every meeting.
4. Instruct girls to form a circle to begin the meeting.

NOTE: You can make the Quiet Sign a game by seeing how fast everyone can be quiet.

Getting Started

Time: 5 minutes

Materials Needed: (Optional) Any handouts or communications to parents

Prep Needed:

- (Optional) If you have any information or handouts for parents, print these off before the meeting. If you have forms for them to complete, provide pens for them.
1. Welcome everyone to the meeting and introduce yourself. Allow other troop leaders and parents to introduce themselves (the girls will do their introductions in a game later.)
 2. Review the rules for your troop meetings, including:
 - Meeting dates and times
 - Location of bathroom
 - The buddy system
 - Quiet Sign
 - Respect your Girl Scout sisters, leaders, and parents
 - Any other expectations for your troop

Activity #1: Daisy Name Game!

Time: 10 minutes

Materials Needed: None

1. Have girls stand up and form a circle. One at a time, go around the circle and ask each girl to say her name and do an action. The action can be related to the person’s name, or perhaps is related to an activity that the girl enjoys doing.
2. After one girl says her name and performs an action, the group then repeats that girl’s name and her action. Demonstrate with the group by going first.
 - Example: First Round
Leader: “I’m Miss Jen!” (does a dance move)
Group: “She’s Miss Jen!” (group repeats her dance move)
3. The game continues in an “add-on” fashion, always starting with the new person who is introducing, and then repeating all names and actions of the previous people until everyone has introduced their name and action around the circle.
 - Example: Second Round
Girl 1: “I’m Tracy!” (does a ball-throwing motion)
Group: “She’s Tracy!” (group repeats ball throwing-motion)
Leader: “I’m Miss Jen!” (does a dance move)
Group: “She’s Miss Jen!” (group repeats her dance move)
 - Example: Third Round
Girl 2: “I’m Sarah!” (does a running motion)
Group: “She’s Sarah!” (group repeats running motion)



Girl 1: "I'm Tracy!" (does a ball-throwing motion)
 Group: "She's Tracy!" (group repeats ball throwing-motion)
 Leader: "I'm Miss Jen!" (does a dance move)
 Group: "She's Miss Jen!" (group repeats her dance move)

Activity #2: Girl Scout Traditions + Daisy Flower Friends

Time: 15 minutes

Materials Needed: Girl Scout Promise Center poster; Daisy Girl's Guide to Girl Scouting (pages 6-7, 12)

1. Read Juliette Gordon Low's short story "How Girl Scouts Got Started" from page 12 in the Daisy Girl's Guide to Girl Scouting.
2. After reading, tell the girls that they'll now learn the Girl Scout Promise.
3. Say: "This is how Girl Scouts treats one another and everyone else. At every meeting, we'll recite the Girl Scout Promise."
4. Talk about how it's tradition to do the Girl Scout Sign (holding up the right hand in three fingers with no gaps) when reciting the Girl Scout Promise. The three fingers represent the three parts of the promise.
5. Demonstrate the Girl Scout Sign and ask the girls to try it.
6. While holding the Girl Scout Sign, read the lines of the promise one at a time, asking the girls to repeat each line back to you.

The Girl Scout Promise
<p><i>On my honor, I will try:</i> To serve God* and my country, To help people at all times, And to live by the Girl Scout Law.</p>

7. After practicing a couple times, try saying the entire promise together as a group while holding the Girl Scout Sign. Be sure to do this slowly so the girls can easily follow.
8. One at a time, ask the girls to share with the group what the promise means to them, or one thing they can do to live the promise.
9. Tell the girls the last line of the promise refers to the Girl Scout Law, which they will be learning about throughout the year through their 'Daisy Flower Friends'. Their pictures are located on page 6-7 of the Daisy Girl's Guide to Girl Scouting. Explain that each flower friend teaches us one line of the Girl Scout Law, and we will learn about a new flower friend each meeting.

NOTE: *When making the Girl Scout promise, individuals may substitute wording appropriate to their own spiritual beliefs for the word "God."

Activity #3: Daisy Scout Investiture

Time: 10 minutes

Materials Needed: Girl Scout Daisy pins, Daisy Girl's Guide to Girl Scouting (page 12), (optional) flags, flag stands, and flag ceremony instructions

Prep Needed:

- Purchase Girl Scout Daisy pins (one for each girl).
- If doing a flag ceremony, review the flag ceremony instructions before the meeting.

1. SAY: "To begin your Girl Scout years, you will be wearing a Girl Scout Daisy pin, sharing friendship, fun and adventure. Let us now begin." Following the following steps to invest the girls.
2. Ask girls to recite the Girl Scout Promise.
3. Pin the Girl Scout Daisy pin on the girls. The Girl Scout Daisy pin should only be worn by Girl Scout Daisies.



4. Welcome the girls into Girl Scouting. This can be done by giving a simple Girl Scout handshake (shown on page 12 in the Handbook Section of the Daisy Girl’s Guide to Girl Scouting) to each girl after pinning.
5. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

Girl Scout Daisy Song
I’m a Girl Scout Daisy! Take a look at me. I’m a Girl Scout Daisy, happy as can be. We’re having fun and sharing each and every day. I’m a Girl Scout Daisy, Hip, Hip, Hooray!
I’m a Girl Scout Daisy! Take a look at me. I’m a Girl Scout Daisy, happy as can be. I’m going on a journey, with friends along the way. I’m a Girl Scout Daisy, Hip, Hip, Hooray!

NOTES:

- Investiture takes place the first time a girl or an adult joins Girl Scouting. This can be done through a simple flag ceremony (optional), where the leader presents the pins to girls.
- Saying the Girl Scout Promise can be done individually or as a group, depending on the age of the person(s) being invested. Investiture should be a special time, not a scary one.
- Explain to the girls that when they are invested, they are agreeing to uphold the values and principles of the Girl Scout Promise and Law.

Activity #4: Juliette Gordon Low Action Story

Time: 10 minutes

Materials Needed: Juliette Gordon Low Action story

1. Tell the girls it is time to move on to another fun game!
2. Ask the girls to stand up and form a circle.
3. This is an action story where you will read, and they will do. Tell the girls that when you say an “action” word, the girls must perform the correct action that goes with that word. Practice the words and motions first so everyone understands what the “action” words are.

“Action” words and Actions motions	
Little girls	Girls put their hands or fists on their hips (i.e. the superhero pose)
Georgia	Girls wave and say “Hi, y’all!”
Horses	Girls stamp their feet and say “Neiggghhhhh!”
Lord/Lady Baden-Powell	Girls bow or curtsy formally and say “How do you do?”
London	Girls sing “London Bridge is falling down!”
Boy Scouts	Girls say “Be prepared!”
Juliette Low	Girls join hands with the person next to them and sing “Make new friends”
Girl Scouts/Scouting	Girls make the Girl Scout sign and say “On my honor!”
World	Girls spin around once with their hands over their head (like a ballerina)

4. Read the story below at a slow pace so that girls can easily hear and respond to the action words. The ‘action’ words are **bolded/underlined** for your convenience. Pause at the action words so girls can catch them and do the corresponding actions accordingly.



Once upon a time there was a **little girl** named **Juliette Low** who lived in **Georgia** and loved to ride **horses**. In 1912, **Juliette Low** became interested in **Scouting** while visiting her friends, **Lord and Lady Baden-Powell**, who lived in **London**, England and who started the **Boy Scouts**.

She was fascinated by the work he was doing which he began in **London**. She studied with him for a while and decided to begin a troop of **Girl Scouts** for the **little girls** who liked to ride **horses** in **Georgia**. So **Juliette Low** said good-bye to the **Boy Scouts** in **London** and came home to **Georgia** with the ideas that **Lord Baden-Powell** gave her. She formed a group of **little girls** in Savannah, **Georgia**, who liked to ride **horses** and be together, into a troop of **Girl Scouts**. She did this on March 12th, 1912, and this first troop of eight **little girls** was the first **Girl Scout** troop in this part of the **world**.

This first **Girl Scout** troop was so successful that **Juliette Low** wanted to see **Girl Scout** troops all over the **world** because she knew that **Girl Scouting** would help **little girls** and big girls all over the **world** to become friends and help build **world** peace and good will.

Girl Scouting grew and grew. You are not only a member of your own **Girl Scout** troop, but also a member of the largest **Girl Scouts** of the United States of America and the **World** Association of Girls Guides and **Girl Scouts**.

THE END

NOTE: You can have the girls listen and perform all the actions together as a group, or you can assign one “action” word to a pair of girls, and they are responsible to perform the action for that word only.

Activity #5: Daisy Delight Pictures

Time: 20 minutes

Materials Needed: Paper or construction paper; coloring utensils; decorating supplies

Prep Needed:

- Set up designated table space for girls to make their craft.
 - Gather materials and supplies.
1. Direct girls to sit at the table with the craft supplies. Hand each girl one sheet of paper.
 2. Ask the girls to create a simple picture about things they would like to do as a Daisy in Girl Scouts this year. It can include favorite activities they already like to do, or ones they'd like to try, or about making new friends. The sky is the limit!
 3. After 10 minutes, have each girl share with the group what they drew. As a leader, write down and keep track of their ideas so you can incorporate them into future meetings.
 4. Direct all participants to clean-up the area and supplies.

NOTE: Girls can also help hand out supplies.

Activity #6: Snack Chat

Time: 10 minutes

Materials Needed: Healthy snack

1. While enjoying snack, here are some things for girls to talk about:
 - What are some things you are excited about in joining Girl Scouts?
 - What was your favorite activity we did today? Why?
 - What are some activities you'd like to do in Girl Scouts this year?
 - Can anyone remember and say everyone's names from the name game we played earlier?
 - Can anyone remember and recite the Girl Scout Promise?



Materials Needed: (Optional) Make New Friends song lyrics poster

1. Teach girls how to get into a Friendship Circle: have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing “Make New Friends.” (See page nine in the Handbook section of the Daisy Girl’s Guide to Girl Scouting.)

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor’s hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says “Goodbye, Sister Girl Scouts” and the girls unjoin their hands and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore

- Field Trip Ideas:
 - Visit a flower garden.
 - Visit a park.
- Speaker Ideas:
 - Invite an older Girl Scout to your meeting to talk about how much fun it was to be a Girl Scout Daisy.
 - Invite a Girl Scout Alumnae to perform the Daisy Investiture.



Information about Flag Ceremonies

Display, Customs and Care of the American Flag

The U.S. Flag always occupies a position of honor

- When carried in a procession, the U.S. Flag should be positioned to the right of other flags or is in front of other flags
- When displayed, the U.S. Flag:
 - Must be to the flag's own right (the audience's left)
 - When grouped with other flags (i.e., State, World Association of Girl Guides and Girl Scouts, Girl Scouts of the USA, Council, etc.), should be at the center, in front of, or higher than the other flags
 - When with another flag on crossed staffs, should be on the flag's own right, and its staff should be in front of the staff of the other flag
 - When with the flags of two or more nations, should be flown on separate staffs of the same height. International usage forbids the display of the flag of one nation above that of another nation in time of peace
- The U.S. Flag flies (held or on the flagpole) longer than other flags
 - Indoors, it is presented first, posted last
 - Outdoors, it is raised first, lowered last

The Color Guard of Honor

- The purpose of the Color Guard of Honor is to protect the flag. Because this requires full attention, the members do not participate in any part of the flag ceremony (singing, speaking, etc.), but stand silently "At Attention"
- The Color Guard may consist of any number. Ideally there should be at least two Color Guards for each flag. The minimum is one Color (Flag) Bearer and one Color Guard
- Color (or Flag) Bearer: One per flag, if more than one flag is present. Hold staff (pole) at a 30° angle in front of body, or hold folded flag (with the point of the flag positioned away from one's body) in front of body at waist level. May wear a red sash over their right shoulder, tied in a square knot on left side of waist. Is responsible for putting flag in, or taking flag from, stand, or raising/lowering flag from flagpole.
- Color Guards: Stand on each side of the Color Bearer. Watch to see that the flag does not touch the ground. May wear a red sash around waist tied in a square knot on left side. One or more members may assist flag bearer in posting/retrieving the flag from the stand/pole.
- Caller: Only member of Color Guard to speak. Gives directions to audience and commands to Color Guard. May wear a red sash, same as Color Guard.
- Line Leaders: Usually part of an outdoor Color Guard. Lead the audience into/out of the desired formation (usually a horseshoe in Girl Scouts).



Indoor Flag Ceremonies

Opening Flag Ceremony – Commands

- **“Please stand for the presentation of the flag.”**
If you have an “audience,” such as at an Investiture/Rededication Ceremony (parents, invited guests, etc.), this is the signal that the ceremony is about to start.
- **“Girl Scouts Attention”**
This is the signal that the girls should be ready to start.
- **“Color Guard Attention”**
If the Color Guard has been standing “At Ease,” she comes to “Attention”. It is also a signal to be ready to start.
- **“Color Guard Advance”**
Indoors: The Color Guard carries the flag(s) toward the front of the room and stands in front of the flag stands.
Outdoors: The Color Guard carries the flag to the flagpole.
- **“Color Guard, Post the Colors”**
Indoors: The Color Guard places the flags in the stands, the American Flag last.
Outdoors: The Flag Bearer attaches the flag to the rope and quickly hoists the flag. The American flag is raised first.
- **“Color Guard, Honor your Colors”**
The Color Guard salutes the Flag and then returns to “Attention.” The Pledge of Allegiance, songs, poems, Girl Scout Promise, are done now.
- **“Join me in the Pledge of Allegiance”**
- **“Color Guard Dismissed”**
The Color Guard walks to the back of the room, or away from the flag pole.



Closing Flag Ceremony – Commands

- **“Please stand for the retrieval of the flag”**
If you have an “audience,” such as at an Investiture/Rededication Ceremony (parents, invited guests, etc.), this is the signal that the ceremony is about to start.
- **“Girl Scouts Attention”**
This is the signal that the girls should be ready to start.
- **“Color Guard Attention”**
If the Color Guard has been standing “At Ease,” she comes to “Attention.” It is also a signal to be ready to start.
- **“Color Guard Approach”**
Indoors: The Color Guard walks toward the front of the room and stands in front of the flag stands. Outdoors: The Color Guard walks to the flagpole.
- **“Color Guard, Honor your Colors”**
The Color Guard salutes the Flag and then returns to “Attention.”
- **“Color Guard, Retrieve the Colors”**
Indoors: The Color Guard removes the flags from the stands, the American Flag first.
Outdoors: The Flag Bearer lowers the flag slowly and with dignity. The Color Bearers fold the flag(s).
- **“Color Guard Dismissed”**
The Color Guard carries the flag to the back of the room, or carries the folded flag to an appropriate place.
- The Color Guard remains at attention; they do not take place in any singing or speaking other than saluting the flag immediately after posting, or before retrieving. In a troop setting, it is acceptable for girls to say the Pledge of Allegiance and the Girl Scout Promise only.





I'm Daisy. I represent all parts of the Girl Scout Law!

