

Appendix D: Backpack Every Day Zip Lock Checklist



HELPFUL HINTS: It is a good idea to always have a filled, reusable water bottle with you when you leave the house. These water pouches are ideal as they are inexpensive, light, and last for a long time.



HELPFUL HINTS: There are many uses for a Mylar blanket including helping to maintain body heat, as a reflector, tent or shelter,



HELPFUL HINTS: No one likes being in the dark. Having a flashlight with extra batteries ensures that you will have light when you need it. Consider wrapping duct tape around the extra batteries and the flashlight for another tool.



HELPFUL HINTS: Choose a bar that is high in protein. It's important to test drive bars to ensure it is something you will eat if you needed to. Also pay attention to expiration dates.

Family Reunification Plan Card

Name of Out-of-state Contact

Where will we meet?

HELPFUL HINTS: This gives you the details of the plan you and your family have worked out before a disaster.